

Anthem's Inclusive Care

Healthcare that supports the LGBTQIA+ community

Trusting and feeling comfortable with your doctors is important for everyone. Inclusive Care can connect you to the medical and emotional support you or a family member may be seeking.

What Inclusive Care provides beyond traditional healthcare

Our service and clinical teams help you access:



Medical and behavioral health support.

Anthem can locate healthcare professionals who are allies and understand your needs. For your convenience, most visits can be in person or virtual.



Gender affirmation surgery guidance and counseling.

Our Inclusive Care program includes one-on-one guidance from a Nurse Care Manager (NCM). The NCM can set up a virtual second opinion and lead you to world-class hospitals, facilities, and experts.*



Specialty medication support.

This includes educational support for hormone therapy, preexposure prophylaxis (PrEP), and other critical medications you may need.



Community programs and educational resources.

These programs and resources can be used to improve communications; increase understanding; and create a support system for you, a family member, or a friend.



We're committed to serving you

Our goal is for every member to feel welcomed, respected, and valued. Healthcare should instill confidence and support your total health. This is why we created Inclusive Care — to offer exceptional healthcare services that suit your individual needs.

Connect to care anytime, anywhere

With the SydneySM Health app, you can find care, chat with a doctor, and check your benefits 24/7. Download the app today.





To learn more about Inclusive Care:



Call the number on the back of your Anthem ID card.



Find program details on **anthem.com** or the Sydney Health app under *My Health Dashboard*.



Reach out to your Human Resources representative.

Anthem is a steadfast supporter of diversity and inclusion.



* Virtual Second Opinion is educational, not a medical consultation. Doctor-patient relationships are not created through the process.

SydneySM Health is offered through an arrangement with Caredon Digital Platforms, a separate company offering mobile application services on behalf of Anthem Blue Cross and Blue Shield health plans ©2021-2022. The Virtual Primary Care experience is offered through an arrangement with Hydrogen Health.

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. Copies of Colorado network access plans are available on request from member services or can be obtained by going to anthem.com/co/networkaccess. In Connecticut: Anthem Health Plans, Inc. In Georgia: Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICESM Managed Care, Inc. (RIT), Healthy AllianceSM Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., dba HMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PPO and indemnity policies and underwrites the out of network benefits in POS policies offered by Compcare Health Services Insurance Corporation (Compcare) or Wisconsin Collaborative Insurance Corporation (WCIC). Compcare underwrites or administers HMO or POS policies; WCIC underwrites or administers Well Priority HMO or POS policies. Independent licensees of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.